

Nurse's Week Portland Oregon

Rose Garden Ceremony

(Select a beautiful place in nature to hold ceremony.)

Welcoming address: Share brief overview of the importance of Nurse Week, acknowledging that we are all connected to the family of nurses celebrating our heritage throughout the World. Play recording of "*Return of the Nightingale Theme Song*".

Reflect upon our own "Call to Nursing". Let us remember "Why did we become a nurse?" Focus on our intentions, our aspirations, our expression of caring and compassion and commitment to nursing and each other, as nurses. Non-nurses focus on the nurses in their own lives. Reflect upon the differences they have made in their lives as a nurse. Breathe in the gratitude that you feel for your nurse and the differences they have made in your life and the lives of their families, communities, and therefore, the world.

Light Candle(s) (Walk down center of Rose Garden to Overlook) singing "*Calling All Nightingales*".

Song "*Thank you for Being a Nurse*" sung by everyone. Each nurse present has their own unique contributions (specialties) that they have made to the world of nursing. Honor each with "*Thank You for Being a (.....) Nurse.*" [Example: a "pediatric nurse", etc.].

Guided Meditation to Honor the Attributes of the Nurse.

Coin Gifting Ceremony with the First Nurse Commemorative Coin "Fierce Protectress" (aka "Peace Coin").

Place a Coin in Rose Garden Wall for posterity and in acknowledgement of ceremony.

Take time for Walking Your Nurse Attributes. (Suggested options: Walk among the roses in walking meditation. Use your Nurse Attribute Prayer Beads as you walk among the roses. Walk The Nurse Attribute Labyrinth in walking meditation.)

Carry candle out of Rose Garden and into the World singing "May the Lady with the Lamp Light the Way".